

January 12, 2022

## COVID-19 Vaccine: Clarifying Recommended and Minimum Intervals

This memo is to clarify the minimum and recommended intervals for:

1. Pediatric population
2. Adolescent/adult population
3. Moderately to severely immunocompromised individuals

### 1. Minimum and Recommended Interval for the Pediatric population

- Manitoba public health officials, the Manitoba COVID-19 Vaccine Pediatric Advisory Committee and the National Advisory Committee on Immunization (NACI) **continue to recommend that the interval for children aged five to ≤ 11 years is eight weeks after dose one.** This is because the benefit of a longer interval is expected to outweigh any benefit of a shorter interval, even in the current context of extensive community transmission of Omicron.
- For children living in First Nation communities, the recommended interval continues to be 21 days after dose one (regardless of where immunization is taking place).
- An individual parent/guardian who is requesting an interval earlier than eight weeks for their child (but no sooner than 21 days), is required to discuss the risks and benefits with their immunizer or health care provider before vaccination to ensure a robust informed consent process. **The clinician is expected to review the rationale for the eight week interval to ensure the parent/guardian understands the risks of an earlier second dose.** (NOTE: a prescription is not required for children to be immunized earlier than eight weeks).
- The Clinical Practice Guidelines provide information about the risks/benefits that need to be discussed with parents/guardians requesting an early second dose. **In addition, a Quick Reference Guide is being updated that will provide greater detail than the Clinical Practice Guidelines, and this will be shared via email by Friday.**

AGES	INTERVAL			
	Interval between dose 1 and dose 2		Interval between dose 2 and the booster dose	
	Minimum (where unique circumstances warrant)	Recommended	Minimum	Recommended
<b>Ages 5 to ≤ 11 years</b>	21 days	8 weeks <sup>a</sup>	Not authorized and/or recommended at this time	

<b>Ages 5 to ≤ 11 years living in a First Nation community</b>	21 days	21 days	Not authorized and/or recommended at this time
<b>NOTES:</b> <sup>a</sup> An individual parent/guardian who is requesting an interval earlier than eight weeks for their child (but no sooner than 21 days), is required to discuss the risks and benefits with their immunizer or health care provider prior to vaccination to ensure a robust informed consent process.			

## 2. Minimum and Recommended Interval for the Adolescent/Adult Population

Ages	Interval between dose 1 and dose 2		Interval between dose 2 and the booster dose	
	Minimum	Recommended	Minimum	Recommended
<b>Ages 12 to ≤ 17 years</b>	21 or 28 days (product specific) <sup>a</sup>	8 weeks	Not authorized and/or recommended at this time	
<b>Ages 18 to ≤ 49 years</b>	21 or 28 days (product specific) <sup>a</sup>	8 weeks	≥ 28 days	6 months <sup>b,c</sup>
<b>Ages ≥ 50 years (or ≥ 18 years living in a First Nation community)</b>	21 or 28 days (product specific) <sup>a</sup>	8 weeks	≥ 28 days	5 months <sup>c</sup>
<b>NOTES:</b> <sup>a</sup> The minimum interval between two Pfizer doses is 21 days; all other mRNA primary series schedules (with Moderna and/or a combination of Pfizer and Moderna) is 28 days. <sup>b</sup> A booster dose of Pfizer or Moderna is recommended for adults at increased risk of serious illness from COVID-19, their caregivers and close/household contacts. <sup>c</sup> Booster doses given earlier than an interval of 5 months since the last dose require a prescription.				

## 3. Minimum and Recommended Interval for immunocompromised individuals

Ages	Interval between dose 1 and dose 2		Interval between dose 2 and dose 3		Interval between dose 3 and booster (4 <sup>th</sup> ) dose	
	Min.	Recommended	Min.	Recommended	Min.	Recommended
<b>Ages 5 to ≤ 11 years</b>	21 days	8 weeks	≥ 28 days	As per clinical discretion <sup>a</sup>	Not authorized and/or recommended at this time; may be updated in future based on emerging evidence.	
<b>Ages 12 to ≤ 49 years</b>	21 or 28 days (product specific)	8 weeks	≥ 28 days	As per clinical discretion <sup>a</sup>	≥ 28 days	6 months
<b>Ages ≥ 50 years (or ≥ 18 years living in First Nation community)</b>	21 or 28 days (product specific)	8 weeks	≥ 28 days	As per clinical discretion <sup>a</sup>	≥ 28 days	5 months
<b>NOTES:</b>						

<sup>a</sup>There is limited data to determine the optimal interval for the third dose. It is recommended to consider the risk factors for exposure and severe disease when deciding on the time interval. At this time, the minimum interval of the third dose from the preceding dose is 28 days. In general, NACI recommends that immunocompromised individuals be immunized at the time when maximum immune response can be anticipated:

- Immunize prior to any planned immunosuppression such that optimal immunogenicity is achieved, if possible.
- Delay immunization if the immunodeficiency is transient (if this can be done safely because exposure is unlikely in the individual's setting and circumstance).
- Stop or reduce immunosuppression to permit better vaccine response, if appropriate. Consult the Canadian Immunization Guide for more detail on the timing of vaccination in relation to immunosuppressive therapy: [www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-3-vaccination-specific-populations/page-8-immunization-immunocompromised-persons.html#a25](http://www.canada.ca/en/public-health/services/publications/healthy-living/canadian-immunization-guide-part-3-vaccination-specific-populations/page-8-immunization-immunocompromised-persons.html#a25).

Moderately to severely immunocompromised individuals include those listed in Appendix F of the current **Clinical Practice Guidelines (version 24)**, available at: [www.gov.mb.ca/asset\\_library/en/covidvaccine/clinical\\_practice\\_guidelines.pdf](http://www.gov.mb.ca/asset_library/en/covidvaccine/clinical_practice_guidelines.pdf).

Information on the minimum and recommended intervals between doses on the website for the public is being updated to reflect the above information and will be posted in the coming days at: [www.gov.mb.ca/covid19/vaccine/eligibility-criteria.html](http://www.gov.mb.ca/covid19/vaccine/eligibility-criteria.html).

Please share this information with all relevant colleagues in your facility/clinic.

Sincerely,

*"Original signed by"*

Joss Reimer, MD FRCPC MPH  
Medical Lead, Vaccine Implementation Task Force