



Health

Public Health
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November 2, 2022

Re: Recommendations for COVID-19 Vaccine Booster Doses for Pregnant and Breastfeeding Individuals

Dear Health Care Provider:

On September 9, 2022 the National Advisory Committee on Immunization (NACI) released updated guidance that reaffirmed the effectiveness and safety of receiving an mRNA COVID-19 vaccine (Pfizer/Comirnaty™ or Moderna/Spikevax™) during pregnancy and breastfeeding.

Vaccination during pregnancy protects against severe disease, hospitalization, intensive care unit admission and death due to COVID-19. Current evidence indicates it is safe to receive an mRNA COVID-19 vaccine (Pfizer/Comirnaty™ or Moderna/Spikevax™) during any trimester. It does not increase the risk for miscarriage, stillbirth, low birth weight, preterm birth or neonatal intensive care admission. The rate of side effects after getting the vaccine are the same for both pregnant and non-pregnant people.

Manitoba Health recommends the following:

- Pregnant individuals should receive a fall COVID-19 vaccine booster dose at any stage of pregnancy.
- Individuals who are at high risk of severe illness from COVID-19 and are breastfeeding should receive a fall COVID-19 vaccine booster dose.
- The bivalent COVID-19 mRNA vaccine is the recommended product for fall booster doses.
- An interval of 6 months since the most recent COVID-19 vaccine dose or COVID-19 infection is recommended. However, the minimum interval is 3 months since their last dose and fully recovered from their last COVID-19 infection.

The full NACI recommendations can be found at: <https://www.canada.ca/en/public-health/services/immunization/national-advisory-committee-on-immunization-naci/guidance-covid-19-vaccines-individuals-pregnant-breastfeeding/summary-september-9-2022.html>

A provincial factsheet for individuals who are planning to get pregnant, are currently pregnant or breastfeeding is available at:

https://www.gov.mb.ca/asset_library/en/covidvaccine/covid19_vaccine_pregnant.pdf

Please share this information with colleagues at your facility/clinic.

Sincerely,

“Original Signed by”

Richard Baydack, PhD
Director
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“Original Signed by”

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Medical Officer of Health
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